



# Sumor Spa by Desert Nights Resort

Opening hours 10 am to 10 pm | Extension 218

## BODY MASSAGE

### **BALINESE MASSAGE**

A signature therapy that combines soothing long strokes and palm pressure to relieve tension, improve blood circulation, and calm the mind. It leaves your entire body in equilibrium of inner peace and health.

50 minutes **OMR 40**  
80 minutes **OMR 55**

### **WARM STONE MASSAGE**

Enjoy the warmth from the heated basalt stones massaged on your muscles, penetrating the tissue to melt away layers of stress and induce deep relaxation.

50 minutes **OMR 50**  
80 minutes **OMR 65**

### **DEEP TISSUE MASSAGE**

A therapy that focuses on realigning deeper layers of muscles and connective tissues by physically breaking down the adhesion and relieving pain. Recommended for tense contracted areas such as stiff necks, low back tightness, and sore shoulders.

80 minutes **OMR 65**

### **FOOT REFLEXOLOGY**

An ancient healing therapy that encompasses your whole body, mind, and spirit by applying pressure to reflex zones on the feet, to achieve balance and harmony in the entire body.

50 minutes **OMR 35**

## SPA EXPRESS

### **FOOT MASSAGE**

This delightful session soothes tired feet and eases tension.

30 minutes **OMR 25**

### **BACK MASSAGE**

Specially designed to relieve backache and shoulder tightness.

30 minutes **OMR 25**

### **FACIAL MASSAGE**

Gently manipulating the skin and muscles of the face and neck using the therapist's hands to stimulate circulation, reduce muscle tension, and improve lymphatic drainage.

30 minutes **OMR 25**

## BEAUTY RITUAL

### **TRADITIONAL FACIAL**

A truly classic treatment designed for skin health and relaxation, tailored to individual skin types and needs.

50 minutes **OMR 40**

### **REFRESHER FACIAL**

Enjoy the immediate glowing results on your face with this treatment that will relax and regenerate your facial muscles.

30 minutes **OMR 25**



*All prices are quoted in Omani Riyal (OMR) and inclusive of applicable tax and service charge*



## BODY GLOW

### JAVANESE LULUR

A traditional Indonesian body scrub and beauty ritual, dating back to the 17th century, known for exfoliating and moisturizing the skin using natural ingredients like rice powder, turmeric, and aromatic spices.

Body Cleansing - Body Scrub - Moisturizer.

50 minutes OMR 40

### COFFEE SCRUB

Coffee scrub provides benefits including: removal of dead skin through exfoliation, improving the condition of cellulite, and smoothing the skin.

Body Cleansing - Body Scrub - Moisturizer.

50 minutes OMR 40

### COCONUT & VANILLA SCRUB

An invigorating scrub made from a unique blend of natural and certified organic ingredients, a rich combination of Sea Salt and Coconut Oil, to detoxify the skin.

Body Cleansing - Body Scrub - Moisturizer.

50 minutes OMR 40

## GIFT CERTIFICATE

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our spa reception for further details.



## SPA PACKAGE

### BODY INDULGENCE

Immerse yourself in the spa experience with this indulgent treatment package.

Footbath - Body cleansing - Choice of Body Scrub - Balinese massage - Refresher Facial

2 hours 15 minutes OMR 85

### BALI DISCOVERY

A delightful package that will leave you looking refreshed and radiant.

Body cleansing - Choice of traditional Scrub - Balinese Massage.

1 hour 35 minutes OMR 65

### ESSENCE OF PEACE

Let us pamper you peacefully with exclusive treatments to revitalize your senses and bring balance to your inner self.

Body Massage - Choice of Refresher Facial or Foot Massage.

1 hour 20 minutes OMR 55

## HOMECARE & GIFT

Luxury skin and body care products along with beautiful gifts are available at our Spa Boutique.



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